

SAINTS P.E. IN-PERSON DROP OFF PROGRAM AT LOCAL PARTNERING CHURCHES IN "P.E. PODS OF 8 CHILDREN" AGES 5-18

SAINTS of Florida Homeschool P.E. is a Professional, Structured, Christ-Centered, P.E. Program created to provide Homeschool Children Ages 5-18 all the benefits of an Athletic Curriculum under the guidelines of Professional Instructors in an environment "Where Jesus is Lord and Every Child is a Winner!"

Building up Children in "who they are in Jesus Christ" through the Platform of Sports, such as Archery, Frisbee, Tennis, Basketball, Kickball, Volleyball, Track & Field, Flag Football, Soccer, SAINTS-SATIONAL Fitness Challenge, and much more.

SAINTS P.E. Program was written by Coach Rick Andreassen is Accredited with (A.C.S.I.) Association of Christian Schools International and Meets all National P.E. Standards and Homeschool P.E. Credits for the State of Florida.

- 2 Hour Class Per Week
- 9:00-11:00AM, 12:00-2:00PM, 1:00-3:00 (40 Spots each) See Locations For Exact Times
- Children will be placed in and remain in their "P.E. Pod of 8 Children"
- Limited Spots! 5 "P.E. Pods of 8 Children" (40 Children max.) for each 2 Hour Time Slot

9 WEEK SESSIONS

SESSION 1 8/23-10/22/21

SESSION 2 10/25/21-1/7/22*

SESSION 3 1/10-3/11/22

SESSION 4 3/14-5/13/22

COST PER CHILD

9 Week Session

Includes SAINTS Uniform T-shirt

\$125

*No SAINTS 12/20/21-1/2/22 - Last class for Session 2 resumes after Christmas Break the week of 1/3/22

DAYS & LOCATIONS & MORE TO COME! Please check back with us. A Special Thank You to Our Partnering Churches!

• MONDAYS

DELRAY

West Park Baptist Church - 9-11AM

4004 Lake Ida Road, Delray Beach, Florida 33445

CORAL SPRINGS

Parkridge Church - 9-11AM

5600 Coral Ridge Dr., Coral Springs, Florida 33076

WEST PALM BEACH

Lake Osborne Presbyterian Church - 1-3PM

2101 6th Ave. S, Lake Worth, Florida 33461

• TUESDAYS

VERO

Central Assembly of God - 9-11AM

6767 20th St., Vero Beach, Florida 32966

• WEDNESDAYS

BOCA RATON **CLASS IS FULL**

Above & Beyond Community Church - 9-11AM

7500 E. Country Club Blvd., Boca Raton, Florida 33487

• THURSDAYS

POMPANO

New Covenant Church - 9-11AM OR 12-2PM

1101 NW 33rd St. Pompano Beach, Florida 33064

JUPITER **BOTH CLASSES ARE FULL**

Calvary Chapel Jupiter - 9-11AM OR 12-2PM

10180 W. Indiantown Rd., Jupiter, Florida 33478

• FRIDAYS

SOUTHWEST RANCHES

9-11 AM CLASS IS FULL - 12-2 PM CLASS NOW OPEN

Abundant Living Ministries - 9-11AM

14331 Old Sheridan St., Southwest Ranches, Florida 33330

WELLINGTON/LAKE WORTH

Reveal Fellowship - 9-11AM

8431 Lake Worth Rd., Lake Worth, Florida 33467

POLICIES:

- Child(ren) may be dropped off for one 2 Hour class per day only (no exceptions).
- Frequent shade & water breaks. Please provide your child with a water bottle with their name on it.
- Please ensure your child has sunscreen on.
- Children must be in a SAINTS uniform T-shirt and appropriate P.E. Attire, Sneakers (no open toe shoes).
- No food allowed at SAINTS (no exceptions).
- Frequent hand sanitizing. Staff will provide hand sanitizer unless you prefer to provide your child with their own.
- Sanitized Equipment.
- Release Waivers & Parent Checklist must be signed upon registration.
- Social Distancing 6' Protocol will be followed. Coaches will wear facial coverings only when teaching sports that cannot maintain the Social Distance Protocol. Masks may be required when entering select Church Facilities when using restroom.
- Missed classes cannot be made up or refunded without a valid medical note.
- Must notify us if your child(ren) will be absent.
- Rain days: Coaches will shift to "Plan B" activities under covered areas. Will still maintain Social Distancing Protocol.

**SIGN-UP TODAY
& JOIN THE FUN!**

Click Here...



CERTIFIED “SAINTS S.P.O.R.T.S. P.E. FOR KIDS” COACHES

Our **T.E.A.M.** is **T**rained, **E**quipped, **A**ccredited, **M**obilized and ready to serve your Group to enhance your SAINTS Experience. SAINTS COACHES will be in SAINTS Uniform, provide Photo I.D. and Certification Card upon arrival, and will follow Your Group’s Agreed to CDC Guidelines and Protocol.

“SAINTS S.P.O.R.T.S. P.E. FOR KIDS” COACHES are: Screened & Background Checked, 1st AID/CPR Certified, SAINTS Carries Full Coverage Sports Liability Insurance.

SAINTS #1 Prayer is for Parents to feel their Children are always safe Physically, Emotionally, Mentally, Spiritually, and Socially (P.E.M.S.S.) in the best of care when participating in our program.

OUR CERTIFIED SAINTS COACHES WILL:

- Maintain 6’ Social Distance Protocol.
- Wear a facial covering only when teaching sports that cannot maintain the Social Distance Protocol.
- Have been Screened and Background Checked (Level 2).
- Are Certified in 1st Aid and CPR and Bring a 1st Aid kit and ice pack.
- Wear a visible photo ID and “SAINTS S.P.O.R.T.S. P.E. FOR KIDS” Certification Card.
- Be in SAINTS uniform.
- Never be alone with a child and/or parent.
- Handle every situation with the utmost respect to every Child and Family participating.
- Have contact information for each child participating in the rare event they need to contact a parent.
- All Families will have their Lead Coach’s Contact Information.

PARENTS CHECKLIST

At this 'unique season', we have put together a brief questionnaire that will help us to best serve your family and especially your children.

As you take a minute to check appropriate boxes, please know our hearts are to serve you to the best of our ability!

- Yes - I have signed the COVID-19 waiver.
- Yes - all students & staff will maintain appropriate 6' feet social distancing at all times.

Enjoying SAINTS outdoor activities, I prefer my child to:

Wear a mask.

- yes
- no

It is OK for my child to share equipment (i.e. tossing a frisbee back-and-forth with a friend or Coach).

- yes
- no

Please list any special requirements:

Comment Box



COVID-19 WAIVER AND RELEASE LIABILITY

I _____ knowingly and willingly consent to participate in all
(Name)

“SAINTS S.P.O.R.T.S. P.E. FOR KIDS” activities during the COVID-19 pandemic, I will not hold anyone or “SAINTS S.P.O.R.T.S. P.E. FOR KIDS” Program liable for possibility of contracting this virus.

I understand there are many factors involved (known and unknown) regarding COVID-19 virus.

I will uphold all guidelines, policies, procedures, and protocol put in place by SAINTS for the best interest of all students and families.

I give permission to have my child’s temperature taken (on the wrist) prior to participation in activities.

I take full responsibility if my child or anyone in our family exhibits any of the following symptoms and I agree we will not participate in SAINTS activities until symptoms have completely subsided.

- Fever
- Sore Throat
- Dry Cough
- Shortness of Breath
- Runny Nose
- Stomach Pain or Gastrointestinal Issues

I trust all participants and Staff will follow these guidelines with the utmost of integrity and sincerity of heart, by which we all desire the best for one another and our families.

SAINTS is dedicated to serving families with excellence.

SIGNATURE _____ DATE _____

“SAINTS S.P.O.R.T.S. P.E. FOR KIDS”

Supporting Parents Organized Resources Teaching Sports
954.494.6812



*Meets All National P.E. Standards for Children Pre-K to 5th Grade!

ARRIVAL:
(7 min.)

“Arrival Area” Greeting, Divide into Groups

**ACTIVITY INTRO/
EQUIPMENT NEEDED:**
(15 min.)

Intro of Game, Prepare All, Go Over Rules & Guidelines

ACTIVITY #1:
(20 min.)

Enjoy Activity #1

BREAK (Water, Shade):
(15 min.)

DEVO: Bible Verses, plus “**GOD LOVES YOU**” & “**LOVE ONE ANOTHER**” Life Applications

HALF TIME RELAYS:
(5 min.)

Tug-O-War, Vertical Leap, Standing Broad Jump, Shuttle Run, Side to Side Hop

“B.A.G. Time”
(1 min.)

Being Alone with God (Each Shares 1 Thing they are Thankful for)

ACTIVITY #2:
(20 min.)

Intro of Game, Prepare All, Go Over Rules & Guidelines
Enjoy Activity #2

COOL DOWN - SHARE TIME:
(10 min.)

3 Questions:
- What Was Your Favorite Part Of Our Time Together?
- What Is One Of The Things You Learned Today?
- Share a Quality you Admire the Most About the student to your left

RETURN EQUIPMENT:
(3 min.)

Great Job Kids...We Are Proud Of You!!

CLOSING PRAYER:
(3 min.)

CLASS DISMISSAL:
(3 min.)

Walk Backwards as you lead your group back to Dismissal – “1-2-3 “Thank You Jesus!!!”